This pamphlet was produced with the support of the Japan Tourism Agency as part of the Project to Promote Travel to Regions Surrounding Cities by Inbound Tourists,

#### General information

- Reservations
- · Inquire by phone for reservations.
- Some activities may not be available due to inclement weather and/or crop conditions, regardless of the specified operating dates.
- $\cdot \text{Some activities may also be available outside of the specified operating dates. For more information, please inquire using the contact information below.}\\$
- Some plans have a maximum group size. We recommend making your reservation as soon as possible.
- Terms and conditions
- Before making a reservation, check the terms and conditions on the back cover of this pamphlet as well as the information on the page for the activity you wish to participate in.
- Tour conductors
- Tour conductors will not accompany you, unless otherwise specified. If changes to the service are required due to situations such as inclement weather, customers will be responsible for making alternative arrangements and carrying out necessary procedures.
- Cancellation fees
- Unless otherwise stated, cancellation fees are as follows: no fee for cancellations 3 days or more before the activity; 50% fee for cancellations after 5 pm 2 days before the activity; 100% fee for cancellations after 5 pm the day before the activity and for no-shows. A refund processing fee of 100 yen plus tax will be charged for each cancellation.
- Prices
- Prices and travel costs include taxes and service charges.
- · Unless otherwise stated, "adult" is defined as age 12 and over, "child" is defined as age 6-11 and "infant" is defined as age 5 and under, based on participants' age on the

day of the activity. For some activities, infants may be charged children's rates or be unable to participate.

- $\cdot$  Children and infants may only participate when accompanied by a parent or guardian.
- Scheduled times
- · Specified departure and arrival times are approximate and may be subject to change.
- For wheelchair users and people with assistance dogs
- Please be sure to inform us if any members of your party use a wheelchair or assistance dog when making your reservation.
- For customers with specialized requirements, arrangements not listed in this pamphlet may be made as required.
- The operating dates may vary depending on weather, snowfall and other circumstances. Outdoor activities may be subject to change or cancellation due to inclement weather or flooding.
- Prices shown are special rates that are only available when making advance reservations through the Iwamizawa Tourism Association (exceptions apply). These special rates do not apply when making reservations in person.
- Please wear comfortable clothes and shoes that allow for easy movement.
- The specified length of activities includes travel time.
- Unless otherwise specified, there will be no pick-up or drop-off service. Customers
  are responsible for making their own way to and from the venue.

#### Terms and conditions of tours This information is a summary only. Please pick up and read the full terms and conditions of your tour before making your reservation.

#### Terms and conditions for all plans

Please confirm the terms and conditions specific to your plan when making your reservation. There are two types of contracts depending on the plan: agent-organized tours and tours arranged per customer request. These are indicated by **Tourism Plan** and **Arranged Tour** respectively.

#### Handling of personal information

- Iwamizawa Tourism Association and sales outlets may use personal information from customers' reservation forms to communicate with customers and/or arrange services from accommodation and transport providers as part of the customer's tour.
- (2) Iwamizawa Tourism Association may provide personal information held on customers to souvenir stores in order to provide a more convenient shopping experience at the destination. In these cases, personal information relating to customers' names and flight numbers will be sent in advance electronically or by other means. Customers who do not wish for this information to be provided should contact the outlet where they made the reservation before departure.

#### Arranged Tours Arranged tour contract

Customers who reserve tours with this symbol will enter into an arranged tour contract with the travel agency listed as the sales outlet. In addition to the following provisions, arranged tours shall be subject to separately supplied terms of service (full text) and the arranged tour contract section of the terms and conditions of the travel agency with which the reservation is made. Please refer to the arranged tours section of the terms and conditions of the relevant travel agency for information regarding points not covered here.

#### Tour reservations and conclusion of contract

- (1) Please fill out the required items on the reservation form and pay a deposit for 20% of the cost of the tour when submitting your reservation. This deposit will be deducted from the final total of any fees to be paid by the customer four costs, cancellation fees, etc.)
- (2) Arranged tour contracts are effective once the contract has been accepted by the travel agency with which the reservation has been made and the deposit has been received.
- (3) Verbal agreements may also be accepted when arranging single elements such as travel tickets and accommodation vouchers. In these cases, arranged tour contracts are effective once the verbal agreement is made with the travel agency with which the reservation has been made.

#### Travel service handling fees

The travel agency with which the reservation is made may charge travel service handling fees or other fees as prescribed by the company for processes such as coordination, alterations and cancellations relating to your tour reservation, along with consumption tax on those fees. The travel service handling fee may vary depending on the nature of the process. For more information, please contact the travel agency with which you made your reservation.

#### Cancellation fees

(1) Cancellation

If your reservation is canceled, you will be charged a cancellation fee or penalty fee as prescribed by the transportation or accommodation provider and a cancellation handling fee as prescribed by the travel agency with which you made your reservation. If you have travel tickets, accommodation vouchers or similar, the remaining amount after subtracting relevant fees from the cost will be refunded in exchange for the tickets, vouchers and similar. Refunds will be handled by the travel agency with which you made the reservation within one month of the date of issue or date of use. Cancellation and penalty fees prescribed by transportation or accommodation providers vary depending on the provider. Please ask a member of staff for more details.

(2) Partial cancellations of accommodation on the day (reduction in the number of guests) In the event of a reduction in the number of guests on the day, a refund for the canceled guests can be received at the accommodation.

#### Othe

On-site payment for accommodation is possible, irrespective of the arranged tour contract.

#### Tourism Plan

Products with this symbol are not tour products, and tour contract terms do not apply. The operator is indicated for each of these plans. When making a reservation, please check the terms and conditions of the relevant company by means such as phoning the company or viewing the company's website.

#### Reservations

Please fill out the required items on the reservation form and pay a deposit for 20% of the total cost when making your reservation. This deposit will be deducted from the final total of any fees to be paid by the customer.

#### Cancellation fees

3 days before the activity: No cancellation fee

2 days before: 50%

Cancellation after 5 pm on the day before or no-show: 100%

#### Tour reservations and inquiries

#### Tour provider

# Iwamizawa Tourism Association

Hokkaido Government Travel Business Registration Number: 3-723, Member of the All Nippon Travel Agents Association (ANTA)

1F Iwamizawa Ariake Exchange Plaza (inside Iwamizawa Station complex), Minami 1-1, Ariake-cho, Iwamizawa City 068-0034 Opening hours: 9:00 am to 5:30 pm (open year round)

#### Phone: 0126-22-3470, fax: 0126-35-6620

General Travel Service Manager: Shinji Okawa Representatives: Shinji Okawa, Mr.Ishikawa, Ms.Nishimura, Ms.Nishikawa



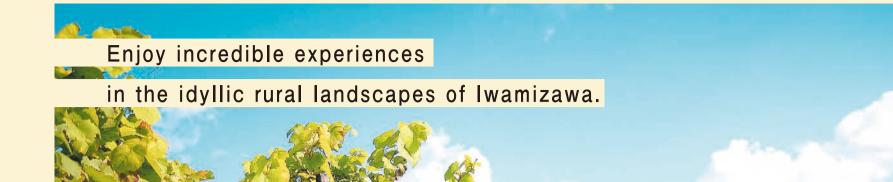
Member of the Travel
Agency Fair Trade Council



Member of the All Nippon Travel Agents Association

The travel service manager is the person responsible for transactions at the sales office that handles your tour. If you have any questions about the travel contract or any part of the explanation from the person in charge is unclear, please do not hesitate to contact the travel service manager using the details above.

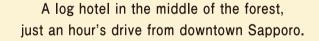






Iwamizawa City is located in the Sorachi area near the center of Hokkaido, about 50 minutes by car from New Chitose Airport and Sapporo. It is a great spot to enjoy Hokkaido's abundant nature and amazing landscapes that showcase the beauty of the four seasons. This section tells you some great ways to experience the nature in Iwamizawa.



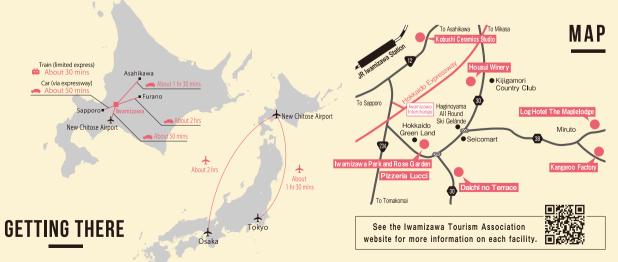


Reopened in 2018, this hotel is surrounded by vast grounds measuring 200,000m, where you can enjoy a range of activity areas including seven tennis courts and a buggy course.

The 15 guest rooms, including cottage accommodation, are nestled away in a grove of trees, offering a luxurious private space to get away from it all and relax in the forest.









# Sample Itinerary DAY.1

A trip that brings you closer to nature



2:00 PM

Ceramic art workshop Kobushi Ceramics Studio is the oldest ceramics

studio in Hokkaido and is famous for Kobushiyaki. which has distinctive, deep colors. In addition to visiting the studio, you can take part in a pottery workshop and make the item of your choice by hand, a great hands-on art experience that leaves  $\,^{\rm Mr.\,and\,Ms.\,\,Yamaoka,\,\,Kobushi\,\,Ceramics\,\,Studio}$ you with a unique souvenir to remember your trip by, (Finished items will be sent by mail after they



This log hotel has a warm, cozy feel. A renovation in April 2018 has made it even more charming! With vast grounds and a natural open-air bath, this is the perfect place to relax and recharge.







experiences, no matter how old you are! Enjoy the natural taste of freshly picked vegetables. 12:00 PM

## Churrasco lunch at Daichi no Terrace farm restaurant

#### Buffet lunch with churrasco and seasonal vegetables

A restaurant where you can enjoy dishes made using local ingredients while taking in the rural scenery that offers a new beauty with each of the four seasons. The restaurant's churrasco, an iconic Brazilian meat dish, provides a feast for the eyes and belly that will satisfy even the most ardent meat-lover.





This winery appeared in a movie. The soft-serve ice cream is an essential accompaniment as you look out onto the vineyards that stretch as far as the eye can see. The wine itself is unique to this snowy climate, and samples are available along with special wines that can only be bought at the winery shop.

4:00 PM







# Sample Itinerary DAY.2

A joyful trip through the flowers



# 8:00 AM P07

## Outdoor yoga

Experience morning yoga in the great outdoors. As you feel the refreshing breeze and the sunlight on your skin and take in the blue sky, you'll find yourself naturally taking deep breaths, relaxing your mind and body and helping to heal your fatigue from the daily grind.





While you enjoy breakfast in the restaurant, you can watch wild birds and Ezo squirrels outside and feel like you're eating together. The beautiful views and delicious food make this the perfect start to the day.

# 11:00 AM

### Stroll through Iwamizawa Park

This vast, open park has abundance of places to enjoy. One of the most remarkable is the rose garden, which is home to over 630 varieties, making it the largest collection in Hokkaido. This Insta-worthy spot is a big hit! In the Shikisaikan indoor garden, you can see flowers blooming year round and enjoy a picnic on the lawn.



the rose garden while enjoying a cheese pizza topped with edible flowers and rose honey is the perfect way to admire the variety of flowers there!



# 3:00 PM P14 Wreath making

At this studio surrounded by lush forest, you can make your own wreath using homegrown flowers and wild grasses and herbs that grow naturally in the surrounding area. Imagining the perfect place to hang it will give you something to look forward to when you get home!



gerbera. Pick your favorites and make your own personalized bouquet! These pretty, colorful flowers will help to brighten your day



# SUMMER AUTUMN

# Relaxing at Log Hotel The Maplelodge

Tourism Plan

Management company: Maple Activity Center Log Hotel The Maplelodge

#### Reservations

Iwamizawa Tourism Association Phone: 0126-22-3470 (reception)





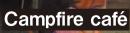
# Guided cycling tour



Exploring by bicycle is an easy way to enjoy sightseeing and take in the surrounding nature, includes entry to a hot spring.

- Operating period: July 1st October 31st, 2019
- Price (per person): **7,500 yen** for a 2-hour tour
- **15.000 ven** for a 4-hour tour
- Price includes: Tour (with guide), rental bicycle (mountain bike or electric bike), helmet, insurance
- Activity time: 2 hours / 4 hours
- Location: Starts in the Log Hotel The Maplelodge grounds
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 8 people
- Minimum number of participants: 2 people (individual reservations may be accepted with a 50% price increase)
- Children aged 8 to 11 are charged half price for both tours.
- · Please wear clothing suitable for cycling.
- · English instruction is available.
- \* This activity may be canceled due to adverse weather (no cancellation fee will be charged),
- \* Discounts are available for guests staying at The Maplelodge, Please contact us for more information,





Gather around the campfire for a relaxing evening



- Operating period: May 1st November 30th, 2019
- Price per group (1 4 people): **16,000 ven**
- \* An additional fee of 2,000 yen per person will be charged for groups of more than 4 people. (Example: For a group of 5, the price would be 18,000 ven:
- 16.000 ven for the first 4 people and 2.000 ven for the 5th person)
- Price includes: Activity (with instructor), campfire materials, drink, dessert
- Activity time: 90 minutes
- Location: Log Hotel The Maplelodge grounds
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 20 people
- Minimum number of participants: 1 person
- · Please wear warm clothing that fully covers your arms and legs and appropriate footwear for walking. Please be aware that the smell of the campfire may transfer to your clothes.
- · English instruction is available.
- \* This activity may be canceled due to adverse weather (no cancellation fee will be charged).
- \* Discounts are available for guests staying at The Maplelodge.
- Please contact us for more information.

# Buggy riding

Riding through the wild grasslands as the Hokkaido breeze rushes by is a thrilling experience for adults and children alike!

- Operating period: May 1st November 30th, 2019
- Price (per person): **5,500 yen** for a 45-minute session

**7,000 yen** for a 60-minute session (same price for children and adults)

- Price includes: Activity (with instructor), drink, snack
- Activity time: 45 minutes / 60 minutes
- Location: Log Hotel The Maplelodge grounds
- Equipment provided: Helmet, gloves
- Age requirements: Participants under 12 years old must be accompanied by a parent or guardian
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 3 people (per session) \* If there are more than 3 participants. the session will be divided.
- Minimum number of participants: 2 people
- Notes
- · Children must be accompanied by a parent or guardian.
- · The rates for children (participants under 12 years old) riding with an adult are 1,000 yen for the 45-minute session or 1,500 yen for the 60-minute session.
- · Please be aware that clothing may become muddy during this activity
- · English instruction is available.
- · Insurance is not included in the cost of the activity.

(Participants can apply for insurance at the activity venue.)

\* Discounts are available for guests staying at The Maplelodge, Please contact us for more information.











- Price (per person): 1.200 ven
- Price includes: Activity, materials, ingredients
- Activity time: 30 minutes
- Location: Log Hotel The Maplelodge
- Reserve by: 5 days before the activity
  - \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 20 people

All pictures are for illustrative purposes only.

- Minimum number of participants: 2 people
- Notes
- · Please inform us if any members of your party have allergies or other dietary requirements when making your reservation.
- · Please note that we cannot guarantee that food will be strictly allergen free during this activity.

An additional charge may apply for special dietary requirements (payable on the day).



Iwamizawa





### Outdoor voga

The blue sky and sun will have you breathing deeply without even thinking about it, relaxing your mind and body.

- Operating period: Mid-June to mid-September
- Price (per person): 2,000 ven
- Price includes: Activity
- Activity time: 1 hour
- Location: Log Hotel The Maplelodge
- Equipment provided: Yoga mat, plastic sheet (to be placed under voga mat)
- Age requirements: For ages 6 and older
- Reserve by: 7 days before the activity
- \* A refund handling fee may be charged when making cancellations.
- Capacity: 15 people
- Minimum number of participants: 3 people
- · Please wear comfortable clothing, and bring a towel and drinking water (about 500ml) with you.
- · English instruction available (availability depends on the instructor).



#### BBQ lunch

02

Enjoy a real barbecue in the great outdoors with delicious seasonal ingredients.

No need for preparation—just bring yourself!

- Operating period: June 1st October 14th, 2019
- Price (per person): 3,500 yen
- Price includes: Meal
- Activity time: 2 hours
- Location: Log Hotel The Maplelodge
- Meal: Lunch
- Reserve by: 3 days before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 8 people
- Minimum number of participants: 4 people





#### Glass engraving

In this workshop, you can try engraving a variety of patterns onto a glass surface.

Make your own original work as a memento of your trip!

- Operating period: Year round
- Price (per person): 3,500 yen
- Price includes: Activity (with instructor), equipment rental, materials
- Activity time: 2 hours
- Location: Service Hut at Log Hotel The Maplelodge
- Age requirements: For ages 12 and older
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 4 people
- Minimum number of participants: 2 people
- · Works can be taken home on the day. Shipping is also available for an additional fee.





# Apple picking

94

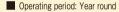
Enjoy the sweet taste of freshly-picked apples in this orchard with around 200 trees.

- Operating period: October 1st October 31st, 2019
- Price (per person): 1.000 ven
- Price includes: Apple picking, 2 apples to take home
- Activity time: 1 hour
- Location: Apple Garden at Log Hotel The Maplelodge
- Reserve by: Day before the activity
- Capacity: 10 people
- Minimum number of participants: 2 people
- Notes
- · Please note that apple picking may not be possible depending on crop conditions.



#### Make a decorative sushi roll

Bring the dinner table to life with unique sushi rolls that look like flowers when cut!



- Price (per person): **4,500 yen** (same price for children and adults) Price includes: Activity (with instructor), ingredients and utensils
- Time: 11:00 am (other times may be available on request)
- Activity time: 2 hours
- Location: Service Hut at Log Hotel The Maplelodge
- Age requirements: For ages 6 and older
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 10 people
- Minimum number of participants: 4 people



### Drone flying and VR experience

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Try your hand at flying a drone, then experience taking to the skies yourself with VR goggles!

- Operating period: Year round
- Price (per person): 5,000 ven
- Price includes: Activity (with instructor)
- Activity time: 20 minutes 40 minutes
- Location: Log Hotel The Maplelodge grounds Age requirements: For ages 10 and older
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity, 100% on the day of the activity
- Capacity: 10 people
- Minimum number of participants: 2 people
- \* This activity may be canceled due to adverse weather.







# WINTER

# Relaxing at Log Hotel The Maplelodge

Tourism Plan

Management company: Maple Activity Center Log Hotel The Maplelodge

#### Reservations

Iwamizawa Tourism Association Phone: 0126-22-3470 (reception)





# Guided snowshoeing tour

Marvel at nature as you experience the sights and sounds of this winter wonderland.

- Operating period: January 15th February 28th, 2020
- Price (per person): 6,500 ven
- Price includes: Activity (with instructor), drink, snack
- Activity time: 2 hours
- Location: Area around Log Hotel The Maplelodge
- Age requirements: For ages 6 and older
- Reserve by: Day before the activity
- \* Cancellation fee: 50% the day before the activity. 100% on the day of the activity
- Capacity: 5 people
- Minimum number of participants: 1 person

# Snow tubing

Fun for all ages! If you like sledding, you'll love this!



- Operating period: January 15th February 28th, 2020
- Price (per person): 500 ven
- Price includes: Activity Activity time: 1 hour
- Location: Area around Log Hotel The Maplelodge
- Age requirements: For ages 6 and older
- Reserve by: Day of the activity
- \* A refund handling fee may be charged when making cancellations.
- Capacity: 5 people
- Minimum number of participants: 1 person

# Snow rafting

Ride through fields of snow on a boat pulled by a snowmobile

- Operating period: January 15th February 28th, 2020
- Price (per person): 1.500 ven for ages 12 and over. 800 yen for ages 6 to 11 Price includes: Activity
- Activity time: 20 minutes Location: In front of The Maplelodge
- Age requirements: For ages 6 and older
- Reserve by: Day of the activity
- \* A refund handling fee may be charged when making cancellations.
- Capacity: 3 people per ride / 9 people per hour (3 rides)
- Minimum number of participants: 2 people

Sculpt ice into your own unique glass!

# Make an ice glass Kamakura snow hut café

- Operating period: January 15th February 28th, 2020
- Price (per person): 800 ven
- Price includes: Activity, 1 drink Activity time: 30 minutes
- Location: In front of The Maplelodge
- Equipment provided: Chisel, gloves
- Age requirements: For ages 6 and older
- Reserve by: 3 days before the activity
- Capacity: 4 people per session / 8 people (2 sessions) per hour
- Minimum number of participants: 2 people

Enjoy a winter experience that is only possible in the snowiest of areas!

- Operating period: January 15th -February 28th, 2020
- Price (per person): 600 yen
- Price includes: 1 drink
- Activity time: 1 hour
- Location: In front of The Maplelodge
- Reserve by: Day before the activity
- Capacity: 6 people (3 people per snow hut, with 2 huts planned for this season)
- Minimum number of participants: 1 person



Chartered taxi

Tourism Plan

Operating period: July 6th - October 31st, 2019

Sorachi wine tour

Take a trip in your own private taxi and experience

Operator: Hinode Taxi, Iwamizawa Kogata Taxi, Iwahoro Taxi (4-hour tour

by private taxi

the flavors of Sorachi's food and wine.

Morita Kogyo Wan Wan Taxi (8-hour tour)

First come first served.

40 taxis available

- Price: 10.000 ven per taxi
- Price includes: travel by taxi within the designated time and area (Sorachi area only, Road tolls, paid parking, entry to facilities, food, drinks, etc. are not included.)
- Activity time: 4 hours
- Minimum number of participants: 1 person
- Reserve by: Day before departure
- \* Your taxi will depart from Iwamizawa City and return to Iwamizawa City within 4 hours.
- \* The 4-hour tour cannot be extended to 6 hours after departure.

First come first served. 60 taxis available

Chartered taxi

# 6-hour tour



- Operating period: July 6th October 31st, 2019
- Price: 15.000 ven per vehicle
- Price includes: travel by taxi within the designated time and area (Sorachi area only, Road tolls, paid parking, entry to facilities, food, drinks, etc. are not included.)
- Activity time: 6 hours
- Minimum number of participants: 1 person
- Reserve by: Day before departure
- \* Your taxi will depart from Iwamizawa City and return to Iwamizawa City within 6 hours.

First come first served. 10 taxis available

Chartered taxi

# 8-hour tour



- Operating period: August 10th October 31st, 2019
- Price: 25.000 ven per taxi
- Price includes: travel by taxi within the designated time and area (road tolls, paid parking, entry to facilities, food, drinks, etc. are not included.)
- Activity time: 8 hours
- Minimum number of participants: 1 person
- Reserve by: noon 3 days before the activity
- \* Your taxi will depart from Sapporo City and return to Sapporo City within 8 hours.





#### General information

• Operating hours: 9:00 am - 7:00 pm • Destinations can be changed during the tour time. Your driver will help you choose a route. • Each taxi can carry up to 4 passengers. Operating hours and days vary depending on the company. Please check this in advance. 

If the set time for a 4- or 6-hour tour is exceeded due to customer requests, a fee of 2,780 yen (tax included) will be charged for each additional 30 minutes. Please pay this additional amount directly to your driver. These tours are part of the 2019 Inbound Tourism Promotion and Regional Development Project run by the Hokkaido Tourism Organization. As part of this initiative, you will be asked to take part in a short survey after your tour. This service is for sightseeing purposes only. Other uses (such as for general transportation purposes) are strictly prohibited. If this service is used for purposes other than sightseeing, travel will be charged at standard taxi rates. • Please note that this service will no longer be available after the set number of vehicles have been reserved.

#### Reservations

4-hour / 6-hour tour

Hinode Taxi, phone: 0126-22-2773

Please make your reservation before the day of your tour.

Operated by the Iwamizawa Area Taxi Association. Driver will be provided by Hinode Taxi, Iwamizawa Kogata Taxi, or Iwahoro Taxi.

8-hour tour Morita Kogyo Wan Wan Taxi, phone: 011-799-1195 Please make your reservation by noon 3 days before your tour.

\* All pictures are for illustrative purposes only

01

02

03



# **Agricultural** experiences

Hokkaido is renowned as a center for agriculture and Iwamizawa is one of its most prolific farming areas. These activities are a great opportunity to meet some of the local farmers who make it all happen.

#### Tourism Plan

Operator: Iwamizawa Tourism Association

#### Reservations

Iwamizawa Tourism Association Phone: 0126-22-3470 (reception)





# Pick your own gerbera and make a bouquet

No matter the weather, there are always plenty of flowers in the greenhouse. Make your own gerbera bouquet!









- Operating period: Year round
- Price (per person): 2,000 yen
- Price includes: Activity, materials
- Activity time: Approx. 45 minutes
- Location: Hoshiba Farm
- Age requirements: For ages 6 and older
- Reserve by: 10 days before the activity
- \* A refund handling fee may be charged when making cancellations
- Minimum number of participants: 2 people
- Capacity: 6 people
- Notes
- · No pick-up/drop-off service is provided.
- · Shipping of flowers is also available for an additional fee.
- · Please wear flat shoes (no high heels).



## Peanut picking

Nothing beats the taste of freshly picked peanuts, especially when you've picked them yourself!

- Operating period: mid-September to early October, 2019
- Price (per person): 2,000 yen Price includes: Activity
- Activity time: Approx. 1 hour Location: Kitamura area of Iwamizawa
- Age requirements: For ages 6 and older
- Reserve by: 10 days before the activity
- \* A refund handling fee may be charged when making cancellations.
- Notes
- · No pick-up/drop-off service is provided.
- · Please bring your own gloves.
- · Please be aware that clothing and shoes may become muddy during the activity.



# Pick your own basil and make Genovese sauce

Pick your own fresh basil, then use it as a seasoning in a delicious sauce!

- Operating period: June to October, 2019
- Price (per person): 2,500 yen
- Price includes: Activity Activity time: 90 minutes
- Location: Kita no Daichi Marché Age requirements: For ages 6 and older
- Reserve by: 7 days before the activity 
  Capacity: 20 people
- Minimum number of participants: 5 people
- · Basil picking may be canceled due to adverse weather (if this occurs, frozen basil will be used to make the sauce).
- · Please bring an apron with you.



### Napa cabbage picking

It may look easy, but vegetable picking is a real test of strength! You'll also receive harvest vegetable recipes, recommended by vegetable sommeliers.

- Operating period: September to October, 2019
- Price (per person): 2,000 yen
- Price includes: Activity, 1 napa cabbage per person to take home
- Activity time: Approx. 1 hour Location: Kitamura area of Iwamizawa
- Reserve by: 10 days before the activity
- \* A refund handling fee may be charged when making cancellations.
- Capacity: 10 people Minimum number of participants: 2 people
- · Please meet at the parking lot of the Kitamura Onsen Hotel (156-7 Akagawa, Kitamura, Iwamizawa
- · Please be aware that clothing may become muddy during the activity.
- · Please bring your own gloves.



\* All pictures are for illustrative purposes only.

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**9**2



# Cultural and creative experiences

Put your mind at ease with some Zen meditation. This practice allows you to clear your thoughts, steady your mind and body, and engage in self-contemplation in the serenity of the temple.

#### **Tourism Plan**

Operator: Iwamizawa Tourism Association

#### Reservations

Iwamizawa Tourism Association
Phone: 0126-22-3470 (reception)









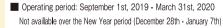




Sutra copying (with tea ceremony)

## Zen meditation and sutra copying (with tea ceremony

Breathe deeply, calm your mind and body, and experience traditional culture unique to Japan



- Times: 7:00 am, 1:30 pm, 4:00 pm (other times may be available on request)
- Meeting point: Myoshinji Temple. Please arrive at least 10 minutes before the scheduled start time.
- Activity time and price may vary depending on the number of participants.

Zen meditation: 60 minutes, 3,500 yen for adults (ages 12 and older), 3,000 yen for children Sutra copying: 60 minutes, 3,500 yen for adults (ages 12 and older), 3,000 yen for children Zen meditation and sutra copying: 1 hour 45 minutes, 6,000 yen for adults (ages 12 and older), 5,000 yen for children

- \* All activities include a tea ceremony. A separate charge applies for food.
- \* All required materials will be provided.
- \* Up to 25 people can take part at a time.
- Reserve by: 4:00 pm the day before the activity Capacity: 25 people Minimum number of participants: 2 people
- Clothing: Please wear clothing that allows easy movement, such as crossing legs. Please do not wear skirts or dresses.
- Payment: Please pay at the Iwamizawa Tourism Association. (Payments must be made by cash or by bank transfer. Credit cards cannot be used.)
- Location: Myoshinji Temple, Higashi 1-Chome 7-Jo, Iwamizawa, Hokkaido 068-0007, phone 0126-23-3518
- As a general rule there will be no cancellations due to rain, as activities take place indoors. However, activities may be canceled in the case of extreme weather or storms.



# Pottery at Kobushi Ceramics Studio

In this hand-throwing workshop, you can make your own plate, cup or other pottery to keep as a lasting memory of your trip! (Finished products will be sent by mail after they have been baked.)

- Operating period: Year round
- Price (per person): 6,000 yen
- Price includes: Activity, materials, shipping
- Activity time: Approx. 1 hour 30 minutes
- Location: Kobushi Toen Ceramics Studio

  Age requirements: For ages 2 and older
- (children under 12 must be accompanied by a parent or guardian)
- Reserve by: Day before the activity
- \* A refund handling fee may be charged when making cancellations.

  Capacity: 10 people
- Minimum number of participants: 3 people
- Notes
- Please note that clothes may become dirty during the activity. Participants may bring an apron if desired.







## Wreath making

Make your own wreath using homegrown flowers and wild grasses and herbs that grow naturally in the surrounding area.

- Operating period: Year round
- Price (per person): From 3,500 yen
- Price includes: Activity, materials
- Activity time: 2 hours
- Location: Kangaroo Factory
- Age requirements: For ages 3 and older (children under 12 must be accompanied by a parent or guardian)
- Reserve by: 7 days before the activity
- \* A refund handling fee may be charged when making cancellations.
- Capacity: 4 people (moving to a larger room may be possible on request)
   Minimum number of participants: 1 person
- Minimum number of participants: I person
- Notes
- Price may vary depending on materials used.





\* All pictures are for illustrative purposes only.